



# 2016 Spring (April-June) Class Schedule & Price Guide

## HIGH DESERT MARTIAL ARTS

2535 NE Studio Rd. Bend, Oregon 97701

www.HighDesertMartialArtsBend.com

(541)647-1220

Class	Age	Monday	Tuesday	Wednesday	Thursday	Friday
Taekwondo-do's	4 to 6 yrs	10:00 - 10:45 am	1:30 - 2:15 pm	10:00 - 10:45 am	1:30 - 2:15 pm	
Coed TKD	Adult		12 noon - 1:00 pm		12 noon - 1:00 pm	
Coed BJJ	Adult	12 noon - 1:00 pm		12 noon - 1:00 pm		
Master's TKD	55 yrs and up				10:00 am - 11:00 am	
Open Mat TKD/BJJ						11:30 am - 1 pm
Kids Beginning TKD	6 to 12 yrs	4:00 - 5:00 pm	5:15 - 6:15 pm	5:15 - 6:15 pm *	4:00 - 5:00 pm *	
Kids Advanced TKD	6 to 12 yrs	5:15 - 6:15 pm	4:00 - 5:00 pm	5:15 - 6:15 pm *	5:15 - 6:15 pm *	
Kids Jiu-Jitsu	6 to 12yrs			4:00 - 5:00 pm		4:00 - 5:00 pm
Adult & Family TKD	6 yrs and up	6:30 - 7:30 pm	6:30 - 7:30 pm	6:30 - 7:30 pm	6:30 - 7:30 pm	
Sparring Class TKD	all ages	**Varies monthly - Check events calendar for dates				**5:30 - 7:00 pm
Jiu-Jitsu	13 yrs and up	No-Gi 7:45 - 9:00 pm	Gi 7:45 - 9:00 pm		Gi 7:45 - 9:00 pm	

\* All belt levels class - open to beginning and advanced students

### Individual Rates

**Taekwondo-do's** (4-6 yrs old / 45 min)  
 1 x week \$50 /month  
 2 x week \$77 /month  
 unlimited \$82 /month

**Taekwondo** (6 yrs and up / 1 hour)  
 (Beginning / Advanced / Adults)  
 1 x week \$62 /month  
 2 x week \$88 /month  
 unlimited \$94 /month

**Brazilian Jiu-Jitsu** (Adults / Kids / 1 hour)  
 1 x week \$50 /month  
 2 x week \$77 /month

**Uniforms**  
 Taekwondo \$25 and up  
 Jiu-Jitsu \$70 and up

**Registration Fee** (One time fee)  
 \$25 /Individual  
 \$35 /Two family members  
 \$40 /Three or more Family members

### DISCOUNTS

- ~ Second family member is 25% off
- ~ Third family member see "Family" rates
- ~ Second sport is 50% off
- ~ Sparring Class and Open Mat included for free if enrolled in TKD or BJJ

### Family Rates

**Family Taekwondo**  
 (3 or more family members)  
 1 x week \$134 /month  
 2 x week \$189 /month  
 Unlimited \$202 /month

**Family Brazilian Jiu-Jitsu**  
 (3 or more family members)  
 1 x week \$107 /month  
 2 x week \$166 /month

**Family Everything Unlimited**  
 (TKD & BJJ for 3 or more family members)  
 \$250 /month