

Mind Body Food Summit

Bend, Oregon

Presented By:

High Desert Martial Arts Education Foundation

May 30, 2015 8am - Noon

High Desert Martial Arts Studio

Generating excitement and awareness to live a more balanced and harmonious life - using food, fitness, and holistic health practices to bridge our mind, body and spirit.

There will be several speakers including
Keynote Speaker: Marc Wagner M.D.



"What I'm after is nothing short of Human Flourishing - All the aspects of Food, Movement, Sleep, Stress, and Connectedness that make us thrive as individuals and as a species in the only home we've ever known: Planet Earth." - Marc Wagner M.D.
www.bioflourish.com

Additional Speakers -

~ Dr. Lisa Uri, Family and Integrative Medicine

High Lakes Health Care Services

~ Shawndi Stahl, PT, MPT, NCS

Falling Waters Injury & Health Management Center

~ Master Daniel Graff, 6th Degree Black Belt TKD, 1st Degree

Black Belt MABJJ. - High Desert Martial Arts

~ Jeannine Spencer, Certified Crystal Therapist

White Onyx Crystal Therapy

~ And more to be announced! ☺

Opportunities:

The Mind Body Food Summit is the first of many future events that will benefit the High Desert Martial Arts Education Foundation (HDMAEF), a 501(c)3 non-profit. The mission of HDMAEF is - "Using the Martial Arts to promote happiness and better the human experience by combining body and mind to improve fitness, esteem and confidence; thus making a better community and world."

Vendor space and sponsorship is available. Cost for potential vendors is a donation to the HDMAEF or provide a prize for attendees, to be given away throughout the event (i.e. gift certificates, gift baskets, merchandise or services). Indoor and outdoor space is available. Vendors should be aligned with our mission. If you are interested in sponsoring the event, please contact us to discuss the options.

Individuals interested in vendor space or sponsorships should contact High Desert Martial Arts at 541-647-1220 or highdesertma@gmail.com. A website will be available soon outlining all the details of the *Mind Body Food Summit*. Please check our website often for a link to this exciting event at - www.HighDesertMartialArtsBend.com

In addition, HDMAEF will host a benefit live concert and dance party the evening of May 30th. The event will feature local musicians and is sure to be a great time!

More details to come soon! ☺

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www.HighDesertMartialArtsBend.com

