



2015 FALL (October ~ December) Class Schedule & Price Guide

HIGH DESERT MARTIAL ARTS

2535 NE Studio Rd. Bend, Oregon 97701

www.HighDesertMartialArtsBend.com

(541)647-1220

Class	Age	Monday	Tuesday	Wednesday	Thursday	Friday
Taekwondo-do's	4 to 6 yrs	10:00 - 10:45 am	1:30 - 2:15 pm	10:00 - 10:45 am	1:30 - 2:15 pm	
Coed TKD	Adult	12 noon - 1:00 pm		12 noon - 1:00 pm		
Martial Arts Fitness	Adult		12 noon - 1:00 pm		12 noon - 1:00 pm	
Master's TKD	55 yrs and up				10:00 am - 11:00 am	
Open Mat TKD/BJJ						11:30 am - 1 pm
Kids Beginning TKD	6 to 12 yrs	4:00 - 5:00 pm	5:15 - 6:15 pm	5:15 - 6:15 pm *	4:00 - 5:00 pm *	
Kids Advanced TKD	6 to 12 yrs	5:15 - 6:15 pm	4:00 - 5:00 pm	5:15 - 6:15 pm *	5:15 - 6:15 pm *	
Kids Jiu-Jitsu	6 to 12yrs			4:00 - 5:00 pm		4:00 - 5:00 pm
Adult & Family TKD	6 yrs and up	6:30 - 7:30 pm	6:30 - 7:30 pm	6:30 - 7:30 pm	6:30 - 7:30 pm	
Sparring Class TKD	all ages	1st / 3rd Friday of every month				5:30 - 7:00 pm
Jiu-Jitsu	13 yrs and up	No-Gi 7:45 - 9:00 pm	Gi 7:45 - 9:00 pm		Gi 7:45 - 9:00 pm	

* Open to beginning and advanced students

Taekwondo-do's

1 x week	\$50 /month
2 x week	\$77 /month
unlimited	\$82 /month

Taekwondo (Beginning / Advanced / Adults)

1 x week	\$62 /month
2 x week	\$88 /month
unlimited	\$94 /month

Brazilian Jiu-Jitsu (Adults / Kids)

1 x week	\$50 /month
2 x week	\$77 /month

Martial Arts Fitness Class

1 x week	\$50 /month
2 x week	\$77 /month
Punch card option coming soon!!	

Uniforms

Taekwondo	\$25 and up
Jiu-Jitsu	\$70 and up

Membership Fee (One time fee)

\$25 /Individual
\$35 /Two family members
\$40 /Three or more Family members

DISCOUNTS

- ~ Second family member is 25% off
- ~ Third family member see "Family" rates
- ~ Second sport is 50 % off (see "MultiSport")
- ~ Sparring Class, Open Mat, and Martial Arts Fitness Class included for free if enrolled in TKD or BJJ

MultiSport (TKD & BJJ)

2 x week	\$127 /month
Unlimited	\$133 /month

Family TKD (3 or more family members)

1 x week	\$134 /month
2 x week	\$189 /month
Unlimited	\$202 /month

Family BJJ (3 or more family members)

1 x week	\$107 /month
2 x week	\$166 /month

Family Everything Unlimited

(TKD & BJJ for 3 or more family members)	\$250 /month
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